

# Muscle Response Testing

October 20, 2017



# Muscle Response Testing

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*The skill of muscle response testing  
and it's clinical application*

## **Why use M.R.T?**

- Testing for Regulation
- Testing for Information
- Testing for Validation
- Enlighten the Client

# Muscle Response Testing

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- Muscle testing is a response from the autonomic nervous system to Energy, Vibration and Frequency.
- If biological energy flows and a locked muscle is easily maintained, then there is harmony between the two.

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- Body positioning for the clinician
- Stability and Sensibility
- Body positioning for the client

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- Body relationship between practitioner and client
- What muscle is best to test?
- Neutral Intention: A Technique of Discovery!!!
- Feeling a locked muscle
- Feeling an unlocked muscle

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- Testing for Regulation
- Getting past the Skeptic
- Out stretched hand over ANS receptors
- Glabella test
- Statement test

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- Correcting the Untestable
- Is Regulation blocked?
- Is it Technique?
- Is it Dental interference?
- Is it Emotional interference?
- Is it Environmental interference?
- Is it Me?

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- Scanning the organ system
- Does the body tolerate the stress?



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- Sensitivity Testing
- Solicit a locked muscle
- Check for regulation
- Introduce substance thought or memory & muscle test

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- Remedy testing and pulsing

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**Never Let Muscle Testing  
Outweigh Common Sense!**

# Thank You

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