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Supporting the Science of Self-Healing

March 1, 2022

Issue 31 BRMI E-Journal

- *SARS-CoV-2 Antibody Update* by James Odell, OMD, ND, L.Ac.
- *ODMS: Oxygen Deprivation Mask Syndrome* by James Odell, OMD, ND, L.Ac.
- *Stress and Anxiety: A Growing Concern For The Fur Kids* by Dr. Marlene Siegel
- *The Cell Danger Response and Its Role in Autoregulation* by Aric D. Cox, DC, of Institute for Restorative Health in Derby, Kansas.
- *The Multi-Causative Approach of Bioregulatory Medicine*, Ian Kennedy, The True Wellness Center
- Video Recommendations: *The Joe Rogan Experience: Dr. Peter McCullough | Dr. David Martin - Practical Plan to End the "Pandemic" & Great Reset Agenda*
- Podcast: *It Safe, or Not? The Conversation That Ends The Debate Once For All: The Data Is In, Now What Do We Do About It?* Dr. Henry Ealy.
- Book Review: *The Corruption of Real Science* by Bruce G. Charlton

Dear Friend,

Welcome to our 31st BRMI E-Journal
Happy Chinese New Year (Year of the Water Tiger)

Tigers are historically known as a symbol of courage, fearlessness, and strength. In Asian culture the tiger persona is viewed as courageous, active, and self-assured, and resists the authority of others. Outspoken in the face of injustice, their strong humanitarian instincts will not allow them to pass by if they see a wrong perpetrated upon another. It is even common that the figure of the tiger is used to scare away evil

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*Tyger Tyger, burning bright,
In the forests of the night.
What immortal hand or eye,
Could frame thy fearful symmetry?*

Tiger symbolism is fiery and fearsome, so much so that Blake ponders how powerful a Divine being would need to be to fashion such a creature. Therefore, as the predictions indicate, everything points to 2022 being a positive year for those on the side of truth and goodness. Most of what I have read about Water Tiger years can be summarized as - *Get ready to abide by the law of the jungle, which isn't very lawful at all. The mantra to keep is stay alert, observe, strategize, and strike!* You may have to wait patiently in the tall grass for opportunities to arise, but when they do, *seize the moment*. It's time to bring out your inner tiger and hold on to your safari hats because it may be a wild ride through the 2022 jungle. Sorry, I can't offer more strategy than this.

We are now in the midst of a supply chain breakdown that has depleted food and medical resources, among thousands of other products. The supply chain is not part of the global economy, rather the supply chain is the global economy. There is not a single good or service of any kind offered to us that does not arrive through a supply chain. The term supply chain is just a name that we give to a nexus of logistics, inputs, processes, transportation, packaging, distribution, marketing, customer relations, vendor relations, and human capital that in the aggregate support the supply and demand for every physical, digital, intellectual, or artistic artifact on the planet and in space. The supply chain is everywhere. We are surrounded with physical goods and services sourced from all over the world and delivered by truck, rail or vessel to regional distribution and processing centers and then delivered to your local stores.

In 2022, while issues still stem from the original economy-killing lockdowns of 2020, other factors are adding to the breakdown of the food supply chain: a lack of truck drivers, and labor shortages where companies do not have the manpower to produce, package, and deliver goods. And let us not forget, the labor shortage is also being worsened because employers are terminating or suspending workers (particularly medical personnel) for refusing the experimental COVID inoculation.

In the food sector, the shortage testimonials and dire warnings increase as grocers are claiming that they are receiving less than half of what they order from their suppliers. To stay on the safe side, here are some simple tips to improve you own food supply.

Indoor gardening during the winter months can be a productive and fun project. A variety of sprouted seeds can be grown indoors in a small space, as can wheat grass. These are a high-density nutritional food. One might consider purchasing and storing a variety of freeze-dried fruits, frozen vegetables, quality organic nuts and seeds, spices and herbs, salt, and olive oil. For a long-term supply, it is wise to focus on basics such as rice, oats, other grains, beans, peas, and lentils. You can also go for canned varieties. Toilet paper and paper products seem to be something people panic more about than food. So good to have extra. Of course, it is important to have pure water in the event water becomes scarce. To read more on indoor gardening and storage tips, an excellent book from the 70s is [Survival in the 21st Century: Planetary Healers Manual by Viktoras Kulvinskis](#). There are several used copies available on the internet for less than \$20.

In regards to 2022 being a positive year for those on the side of truth, BRMI has tried to hold space for this to emerge. The tenets of how bioregulatory medicine views the ability of the human body to thrive and adapt if supported correctly, did not place us in the fear mode that many people entered. There has also been censorship of bioregulatory medicine from its onset, which made us aware of the power and hold of pharma and the media. With the lifting of the mask mandates, thus the loosening of fear as a means of control, along the plain observations that there are more deaths since widespread vaccination, we are seeing a shift. In this breather, we hope that we can share news and information more freely as there are more plans for inoculations in the pipeline.

At a virtual meeting held on the first day of the World Economic Forum's (WEF) Davos Agenda 2022, Moderna CEO Stéphane Bancel and colleagues, including Dr. Anthony Fauci, detailed their plans for

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as March 2022. Moderna is also planning to combine multiple shots, such as a COVID-19 shot, a flu shot, and a respiratory syncytial virus (RSV) shot, into one injection — coming in 2023 — to help avoid “compliance issues”. An agreement between Pfizer and BioNTech to develop the first mRNA shingles vaccine was reached in January 2022. Additional shots are in development to target HIV, zika virus, Nipah virus, cancer, respiratory syncytial virus (RSV), cytomegalovirus (CMV), Epstein-Barr virus, influenza (mRNA) and more...

Another awakening controversy has been The Joe Rogan Podcast on Spotify, and those who want to de-platform him. In one of the greatest leaps of irony, some of our most brilliant doctors ended up having Joe Rogan as their only avenue to have their voices heard. Never has it been clearer how far we have descended into the darkness of censorship. Dr. Peter McCullough, one of our most respected cardiologists said, “there is no greater public health crisis than the impact of censorship in this pandemic.” This is not hyperbole. Many people have suffered needlessly from lack of information. This is one of our highlighted videos.

Without being properly informed, we will not know what we face or the appropriate actions in which to rectify our course of action. As our second video, we are featuring Dr. David E. Martin who discusses the facts of what we know about the origins of the COVID-19 virus and what we can do to turn the tide. Dr. Martin approaches this controversy from a unique standpoint as he is an expert in world-wide patents. Patents are in themselves a confessional. It allows us to know when, where, why, who, and how a patent is intended. This information precedes the release of the virus and illuminates many aspects of this not known to the public. This is the other of our featured videos. Keep in mind, we often highlight a video for its different perspective, not as an endorsement. We encourage you to do your own research and draw your own conclusions.

We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on our social media, weekly podcasts, and YouTube channel. Instead of asking for money, like so many organizations, we only ask that you please introduce BRMI to at least two or more friends and have them sign up for this E-journal and our podcasts.

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. We continue to update our [News](#) Section that includes an abundant resource of recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic bioregulatory health. In our news forum, we continue to strive to be a trusted and informed source of factual science-based information for our readers. If there is newsworthy information relevant to the science of self-healing that you would like to share, please [contact me](#).

We are planning another BRMI conference/workshop for October 13th to 16th, 2022 to be held at the beautiful Sonesta Suites, Scottsdale, AZ. So, save the date in your calendar and be on the lookout for a separate email with all the details. We look forward to seeing you there!

We have added Kelly Kennedy’s presentation, [“Introduction to Lymphatic Drainage – Detox vs Drainage of the Lymphatics”](#) to the BRMI workshop/conference presentation videos as well as Dr. Gerry Curatola’s presentation, [10 Sources of Chronic Inflammation and Toxicity in the Mouth.](#) We continue to edit more presentations and those will be posted soon.

Please stay tuned to the ongoing weekly BRMI podcasts hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed more than 72 exciting and informative podcast interviews. These are all archived on our [website](#). Our featured episode for this E-journal is with Dr. Henry Ealy. [It Safe, or Not? The Conversation That Ends The Debate Once For All: The Data Is In, Now What Do We Do About It?](#)

We have added the biography of [Edgar Cayce](#) to our pioneers of bioregulatory medicine list. Considered by many to be the father of modern holistic medicine, Edgar Cayce produced a tremendous legacy of information about the human body. This information included spiritual principles, meditation, healthful tonics, beneficial oils, rejuvenating remedies and more. The information was intended to help the body’s

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Enlightenment(A.R.E.) was founded by Edgar Cayce in 1931, with the purpose of helping people to transform their lives for the better. The mission of the A.R.E. is to create opportunities for profound personal change in body, mind, and spirit through the wisdom found in the Edgar Cayce material.

In honor of our dear late friend and colleague Heidi Sullivan who designed our website and was instrumental in getting BRMI started, the Bioregulatory Medicine Institute created the 'BRMI Heidi Sullivan Writer's Award.' We have chosen two recipients, Ian Kennedy and Aric Cox, DC, to split this year's \$1000 award for their excellent articles. This has been an annual award with the purpose to share information through this forum.

We have now decided to advance the Heidi Sullivan award to foster collaboration and creativity. After our Scottsdale conference in October, we began to hear of some fantastic ideas and collaboration. It made us realize that these organic undertakings might have a greater likelihood of materializing with a small amount of financial help and by invoking the spirit of Heidi, the most creative person we have ever known. This is just another great reason to join us in Scottsdale this October. Click [here](#) to learn more about our new changes for the Heidi Sullivan Award.

Our book review for this edition is [The Corruption of Real Science by Bruce G. Charlton](#).

"This book describes the essence of real science: a phenomenon much simpler to describe – yet more difficult to do – than you might suspect. It also charts the course of real science over about a thousand years to its peak in the three centuries up to about 1950, then its extraordinary rapid – yet dishonestly concealed – collapse down to almost nothing during the past two generations." ~ Bruce G. Charlton.

- Featured articles in this E-Journal:
 - [SARS-CoV-2 Antibody Update by James Odell, OMD, ND, L.Ac.](#)
 - [ODMS: Oxygen Deprivation Mask Syndrome by James Odell, OMD, ND, L.Ac.](#)
 - [Stress and Anxiety: A Growing Concern For The Fur Kids by Dr. Marlene Siegel](#)
- Winners of the Heidi Sullivan Award
 - [The Cell Danger Response and Its Role in Autoregulation by Aric D. Cox, DC, of Institute for Restorative Health in Derby, Kansas.](#)
 - [The Multi-Causative Approach of Bioregulatory Medicine by Ian Kennedy of The True Wellness Center](#)
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 - [Dr. Henry Ealy, It Safe, or Not? The Conversation That Ends The Debate Once For All: The Data Is In, Now What Do We Do About It?](#)
- Featured book review recommendation:
 - [The Corruption of Real Science by Bruce G. Charlton](#)

As a final thought, In Shelly's famous poem The Mask of Anarchy, he declares 'Ye are many – they are few' as a call to arms to the common man from across the centuries with a hope that one day enough of us will be fighting the coming permanent enslavement of mankind to be able to actually avert it.

The Masque of Anarchy
by Percy Bysshe Shelley

Stand ye calm and resolute,
Like a forest close and mute,
With folded arms and looks which are
Weapons of unvanquished war.

And if then the tyrants dare,

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what they like, that let them do.

With folded arms and steady eyes,
And little fear, and less surprise,
Look upon them as they slay,
Till their rage has died away:

Then they will return with shame,
To the place from which they came,
And the blood thus shed will speak
In hot blushes on their cheek:

Rise, like lions after slumber
In unvanquishable number!
Shake your chains to earth like dew
Which in sleep had fallen on you:
Ye are many — they are few!”

If you have not signed up to receive our free e-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated.

We maintain an active YouTube channel [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). Feel free to interact with us via social media - or contact me directly at jpmodell@brmi.online.

We thank you for your interest in BioRegulatory medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
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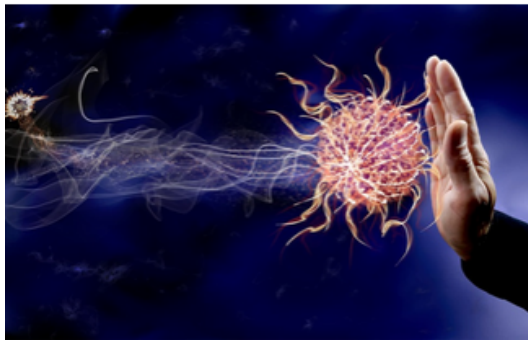
As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI e-Journal.



Clinical Skills for Challenging Times

**October 14-16, 2022
Scottsdale, AZ
Sonesta Suites Gainey Ranch**

Separate Email to be Sent When Registration Opens!



SARS-CoV-2 Antibody Update

James Odell, OMD, ND, L.Ac.

Since the appearance of life on Earth, natural immunity has been developing in all living beings in response to microbial entities (and all this without vaccines). The immune system can be divided into two main subsystems, the innate/general resistance system, and the adaptive system.

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In April 2020, the World Health Organization recommended the use of masks only for symptomatic, ill individuals and health care workers and did not recommend its widespread use. In June 2020, they changed this recommendation to endorse the general use of masks in, e.g., crowded places.



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Stress and Anxiety: A Growing Concern For The Fur Kids

Marlene Siegel, DVM

According to the ASPCA's National Rehoming Survey, pet behavioral problems are the most common reason that owners re-home their pet. A large portion of the 47% of re-homed dogs and 42% of re-homed cats are due to behavioral issues, mostly aggressive or destructive behaviors. .

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**The 2021
Heidi Sullivan Award Recipients**

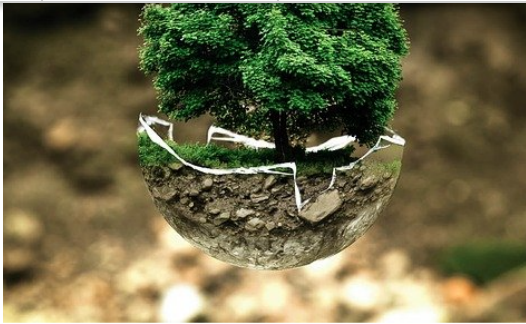


**Congratulations
Ian Kennedy!**



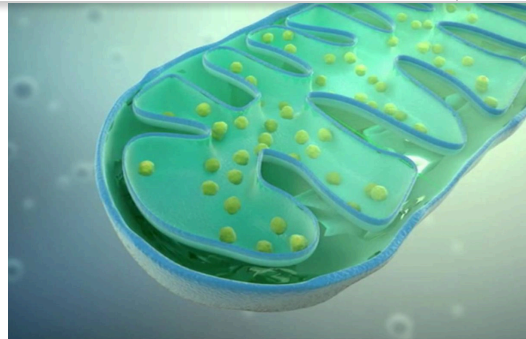
**Congratulations
Aric Cox, DC!**





In the Bioregulatory Medicine approach to health, it is well understood that illness and the onset of many diseases can be attributed to multiple causes. Illness and disease are almost always brought on by a combination and accumulation of many different stressors and toxins that overwhelm the body and stunt its ability to naturally compensate. Some categorize these causative factors as either antecedents or triggers.

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Much is known on the importance of mitochondria in optimal cellular function, but our enlightenment on its biochemical and energetic dynamics is only beginning. Referring to mitochondria just as the powerhouse for cellular energy is like calling the heart just a pump or saying the brain is not plastic. It turns out mitochondria have a seat right in the middle of our body's security system to invading threats, called the cell danger response.

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The Joe Rogan Experience, a podcast hosted by Joe Rogan, interviewed internist, cardiologist, epidemiologist, a full professor of medicine at Texas A&M College, Dr. Peter McCullough in December 2021. After this episode, Joe Rogan also had on Dr. Robert Malone. These episodes have stirred not only controversy, yet questioning of how much suppression of information is occurring.



Dr. David E. Martin discusses the facts about the origins of the COVID-19 virus and what we can do to turn the tide. Dr. Martin approaches this controversy from a unique standpoint as he is an expert in world-wide patents. Patents are in themselves a confessional. It allows us to know when, where, why, who, and how a patent is intended. This information precedes the release of the virus and illuminates many aspects of this not known to the public.

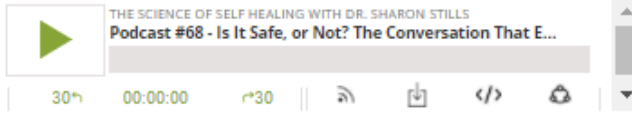
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The Science of Self-Healing Hosted by Dr. Sharon Stills With Dr. Henry Ealy



Is It Safe, or Not? The Conversation That Ends The Debate Once For All: The Data Is In, Now What Do We Do About It? | Dr. Henry Ealy

Check out the other amazing podcasts!

[Click here!](#)

Recommended Book: *Not Even Trying* Review by Catherine Austin Fitts

Having grown up around doctors and scientists, I knew that the decline in research science and medicine was bad. The events of the last two years have been a wake-up call reminding me that the current state of affairs is very bad indeed.

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BRMI is a non-profit Greenhouse Initiative of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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