

# Your Ontogenic Profile:

## *Perform a Comprehensive Neurodevelopmental Screening to Unlock the Greatest Potential in Yourself and Others*

*The Journey of NeuroDevelopmental Movement ®: A Hands-On Experience*

### **Workshop Description:**

Join us for an eye-opening, experiential workshop designed for practitioners, doulas, pediatricians, chiropractors, naturopathic doctors, physical therapists, educators, and curious laypersons who are ready to deepen their understanding of human development through the lens of a NeuroDevelopmental Movement ® screening.

This immersive workshop will guide participants through the foundational patterns of movement, reflexes, vision, and motor coordination that shape cognitive and behavioral development. Attendees will learn how to assess key milestones across the domains of vision, auditory, tactile, mobility, language and manual skills as well as key reflexes—gaining practical skills to evaluate and support optimal nervous system function.

This workshop goes beyond external assessment. Through interactive demonstrations and guided movement, participants will gain insights not only into others' behaviors and developmental patterns, but also into their own neurological foundations. By understanding these innate building blocks, attendees will unlock powerful tools for creating lasting, positive changes in both clinical practice and personal awareness.

Crawling and creeping, often dismissed as simple childhood milestones, are revealed as crucial neurological steps that prepare the brain for higher-order functions like reading and executive processing, but which also play a crucial role in bonding, attachment, anxiety and sensory integration disorder. With this knowledge, participants will be equipped to recognize developmental gaps and support integrative strategies for growth and healing.

Working in pairs, attendees will assess both themselves and a partner, gaining direct experience in identifying developmental gaps and patterns. Through guided self-evaluation and peer feedback, participants will uncover their unique *ontogenic profile*—a personalized map of neurodevelopmental strengths and challenges. By the end of the workshop, each individual will walk away with practical tools, deeper self-awareness, and a clear framework for supporting their own growth and that of others.

Whether you're supporting newborns, working with students, or simply fascinated by human potential, this is a workshop unlike any other—rich with insight, grounded in science, and profoundly transformational.

***Discover the hidden patterns ~ Transform your perspective ~ Empower neurological health and healing***

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## Schedule

**Friday: 6-9pm** | Enjoy a group dinner with Sargent Goodchild, and others for community and conversation. Catered by Jenny at Grassy Roots. \$45

### **Saturday: 9 - 5pm**

**9 - 10:15am** | Sargent Goodchild welcome and introduction into the elements of performing a neurological assessment.

**10:15 - 10:30am** | Break (optional breakfast offered)

**10:30 - 12:30pm** | Pairing of participants to perform and evaluate Neurodevelopmental skills including crawling, creeping, hopping and skipping, etc.

**12:30 - 1:30pm** | Lunch catered by Grassy Roots (or bring your own)

**1:30 - 2:15pm** | Lecture by Sargent Goodchild

**2:15 - 2:30pm** | Break

**2:30 - 5:00pm** | Pairing of participants to perform and evaluate Neurodevelopmental skills including crawling, creeping, hopping and skipping, etc.

## **Sunday: 9 - 3pm**

**9 - 10am** | Sargent Goodchild review of Saturday and discussion of insights observed by participants

**10 -10:45am** | Lecture by Dr. Courtney Neil who will offer insights from a structural perspective.

**10:45 - 11am** | Break (optional breakfast offered)

**11 - 12:30pm** | Pairing of participants to perform and evaluate Neurodevelopmental skills including crawling, creeping, hopping and skipping, etc.

**12:30 - 1:30pm** | Lunch catered by Grassy Roots (or bring your own)

**1:30 - 2:30pm** | | Pairing of participants to perform and evaluate Neurodevelopmental skills including crawling, creeping, hopping and skipping, etc.

**2:30 - 3:00pm** | Sargent Goodchild closing remarks and discussion