



Supporting the Science of Self-Healing

January 1, 2022

Issue 30 BRMI E-Journal

- ***A Psychological Profile of the Pandemic as View by Professor Mattias Desmet*** by James Odell, OMD, ND, L.Ac.
- ***Shilajit: Ancient Medicine for a Modern Toxic World*** by James Odell, OMD, ND, L.Ac.
- ***Induced Native Phage Therapy for the Treatment of Lyme Disease and Relapsing Fever: A Retrospective Review of First 14 Months in One Clinic*** by David A. Jernigan, Martin C. Hart, Keeley K. Dodd, Samuel Jameson, and Todd Farney.
- ***The Synergy: Diagnosis - Diet – Detox*** by Marlene Seagal, DVM
- Video Recommendations: ***Terrain VS Pathogen*** by Dr. Melina Roberts and ***Aerosol Crimes (2005) A Chemtrails Documentary*** by Clifford E. Carnicom
- Podcast: ***All Things Psychedelic: A Gateway to Neurological Health and Resolving Trauma*** with Sebastian DeRosia
- Book Review: ***The Real Anthony Fauci*** by Robert F. Kennedy, Jr.
- A New BRMI Section: ***Cooking with Curatola***

Dear Friend,

Welcome to our 30th BRMI E-Journal and Happy New Year, soon to be Year of the Water Tiger, February 1st, 2022, in the Chinese calendar.



Looking back on 2021, we see a great awakening in the population to truths and issues that have long

been covered up, suppressed, and censored. Censorship is still ever-present in the mainstream media and social media, but scientific studies and empirical evidence are continually forthcoming. Thus, we all should do our due diligence to research medical topics by looking at all sides of the issue and not one narrative. We sincerely thank all our viewers for their support, comments, and article submissions, and for liking us on our social media, weekly podcasts, and YouTube.

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open-forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. We continue to update our [News](#) page with abundant resources to include recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic bioregulatory health. We have also become aware of upcoming education opportunities, which we have added to our [News](#) page.

In our news forum, we continue to strive to be a trusted and informed source of factual science-based information for our readers. If there is newsworthy information relevant to the science of self-healing that you would like to share, please [contact me](#).

Recently we have linked our BRMI website to a forum called 'Down the Rabbit Hole'. This is a collection of more in-depth videos and empirical commentaries that are far-reaching in scope. The phrase 'Down the Rabbit Hole' came about in 1865 in Lewis Carroll's story of Alice's Adventures in Wonderland. Alice falls down a rabbit hole in the story and ends up in Wonderland which leads to a place of self-discovery, personal growth, and deeper meaning of life. The rabbit hole is the place where everything begins and symbolizes a gate into a new world of information and discovery. It is not simply a place but a process of pursuing often hidden truths of worldly problems and questions.

We now witness that many so-called 'conspiracy theories' of the past have become a reality in our present. It is said, "the difference between conspiracy theory and truth is 6 months." 'Down the Rabbit Hole' has been linked to our website to help viewers discover hidden information and ideas that are often censored and ahead of the mainstream news curve. It is the responsibility of the viewer to decide for themselves the validity and relevance of these videos and commentaries. Find the portal on our [News page](#).

On a lighter note, we have added a new section "[Cooking with Curatola](#)" to showcase some fantastic recipes with our BRMI advisor and chef extraordinaire, [Dr. Gerry Curatola](#). We hope you enjoy his entertaining and delicious creations!

Some of the BRMI workshop/conference presentation videos that occurred October 1st, 2nd, and 3rd in Scottsdale, are now available in our [video section](#). We are busy editing more presentations and those will be posted soon. Due to many factors we have decided to have our conference again in Scottsdale at the Sonesta Suites on October 14-16th. [Here](#) is a look at the experience. More details will be forthcoming in January! In the meantime, reserve the date and check our [website often!](#)

Additionally, one of our BRMI Board Advisors Wolfgang Hass visited the 2021 Medicine Week in Baden Baden and filmed some interviews and vendors. That can be viewed [here](#).

Please stay tuned to the ongoing weekly [BRMI podcasts](#) hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed 60 exciting and informative podcast interviews. These are all archived on our website. [Our featured podcast](#) this month is with Sebastian DeRosia, whom we met at our conference.

We are also making some exciting changes to the Heidi Sullivan Writing Award that will be announced in the March e-Journal along with our winner(s) of this past award. This will include their article submissions.

It is beyond sad that little is discussed in the media about the importance of the biological terrain in reference to viral infections and the current Covid condition. The controversy of terrain theory vs. germ theory began in the 1800s with Antione Béchamp and Louis Pasteur. We all know what the word "terrain" means. A "terrain" refers to a landscape, and all its features. When we consider a biological terrain, we are considering "the environment within" or the landscape from which a sign, symptom or diagnosis was

granted permission to express itself or has arisen from.

Pasteur believed that every disease is associated with a particular microorganism, while Béchamp countered that every disease is associated with a particular condition within the body. For Béchamp, disease occurs when the "terrain" or internal environment of the body becomes favorable to pathogenic organisms. In other words, disease occurs, to a large extent, as a malfunction of physiology and because of the changes that take place when metabolic processes, such as pH, organ function, and immunity are out of balance. Pathogens then become opportunistic and stimulate the occurrence of symptoms, which, if not corrected, ultimately culminate in disease. In short, Pasteur's "germ theory" states that the body is sterile, and disease is caused by external germs (microbes). For Béchamp, microbes naturally exist in the body, and it is the disease that reflects the deteriorated condition of the host and changes the function of the microbes. The terrain - the internal environment - in response to various forces, fosters the development of germs from within. Click [here](#) for Béchamp's biography.

"The primary cause of disease is in us, always in us." - Antione Béchamp

The debate between germ theory versus terrain theory is certainly not a new one but recently has been gaining resurgence in immunological circles. In the biological terrain theory, we can see that early forms of pathogenic bacteria, viruses, and fungi are only given the "advantage" to grow and proliferate within a certain environment. With everything we have seen with COVID-19, this question is especially more relevant: why do some people get the virus so much worse, and others do okay? This is explained by the corruption of the biological terrain from environmental toxins, electromagnetic smog, psychoemotional stresses and trauma, poor diet, and erratic lifestyles, to name a few.

Over the last few decades, we have seen exponential growth in the understanding of the variability in the human immune system to explain why some people become ill from a given pathogen and others do not. Of course, germ theory has become more well-known and popularized, particularly by the pharmaceutical industry in producing antibiotics and antimicrobials. It is unfortunate that the value and importance of maintaining healthy immunity and biological terrain have been overshadowed by germ theory and almost forgotten in medical colleges and research institutions.

Featured articles in this E-Journal:

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Shilajit: Ancient Medicine for a Modern Toxic World by James Odell, OMD, ND, L.Ac.

Induced Native Phage Therapy for the Treatment of Lyme Disease and Relapsing Fever: A Retrospective Review of First 14 Months in One Clinic by David A. Jernigan, Martin C. Hart, Keeley K. Dodd, Samuel Jameson, and Todd Farney.

The Synergy: Diagnosis - Diet – Detox by Marlene Seagal, DVM

Featured Videos:

Terrain VS Pathogen by Dr. Melina Roberts

Aerosol Crimes (2005) | A Chemtrails Documentary by Clifford E. Carnicom

Featured Podcast:

All Things Psychedelic: A Gateway to Neurological Health and Resolving Trauma,
Sebastian DeRosia

Featured book review recommendation:

The Real Anothony Fauci by Robert F. Kennedy, Jr - review by Dr. Joseph Mercola

Featured - a new category, ***Cooking with Curatola.***

For our Pioneers of Bioregulatory Medicine website section, we've recently written an extensive biography of [Dr. Hans Heinrich Reckeweg](#), the founder of Homotoxicology.

Homotoxicology represents a unique synthesis of healing disciplines designed to strengthen the organs of detoxification and excretion, to remove the toxins accumulated in the extracellular matrix, to stimulate and modulate the immune system, and to regulate the whole by rebalancing the diseased body system. The methodology of homotoxicology differs from that of conventional medicine in that illness is viewed as much more than the mere presence of clinical symptoms. Homotoxicology therapy approaches the patient holistically. It attempts to detoxify the body, correct derailed immunological processes through

immunomodulation, and support cells and organs. Illness indicates that the body is trying to eliminate something toxic and that the process of elimination will probably appear as a disease if the self-healing detoxification is not achieved. This concept is rather contrary to Western medical thought. The understanding of homotoxicology, coupled with the application of homeopathy, works to enhance the self-healing processes by removing toxicity, not by masking it. Allopathic drugs are generally designed to relieve symptoms (suppress symptoms) rather than relieve the toxic burden that is the cause of symptoms. Even antibiotics, undeniably useful, but subjected to over-use, do not attack the original toxin, but rather the biological result of the toxicity. Dr. Reckeweg's biography is a fascinating story of how one man changed the landscape of homeopathy.

Our book review for this edition is ***The Real Anthony Fauci***, by Robert F. Kennedy, Jr. In Joseph Mercola's review of Kennedy's book, he describes how "Fauci turned the National Institutes of Health into an incubator for pharmaceutical products, and essentially sold the entire country to the drug industry. The book is an incredibly well-referenced record of his history of decimating human health and exposes Fauci as a self-serving charlatan."

"Fauci, in turn, has had a hand in creating the vaccine gold rush. In 2000, he met with Bill Gates, who asked to partner with the NIH in an agreement to vaccinate the entire population of the world with a battery of new vaccines. In 2009, this agreement was rebranded as 'The Decade of Vaccines,' the objective of which was to implement mandatory vaccinations for every adult and child on the planet by the year 2020." To read more, [click here](#).

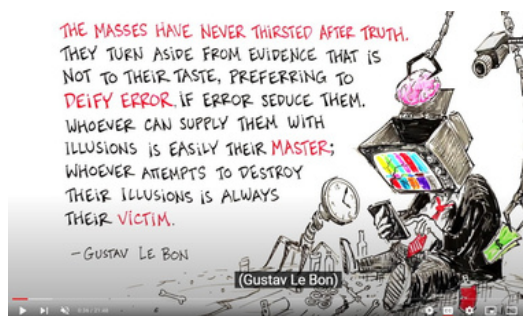
If you have not signed up to receive our free e-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated.

We maintain an active YouTube channel [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. Feel free to interact with us via social media - or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in BioRegulatory medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
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As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI e-Journal.



MASS PSYCHOSIS - How an Entire Population Becomes MENTALLY ILL

"Mass psychosis is defined as "an epidemic of madness" that occurs when a "large portion of

A Psychological Profile of the Pandemic as

James Odell, OMD, ND, L.Ac.

Professor Mattias Desmet is a clinical psychologist at Ghent University Belgium who also has a master's in statistics. Early in the pandemic around May 2020, he took on the role of a statistician and started studying the figures and graphs. He soon concluded that the fatality rates for the pandemic were dramatically overrated.

[Read more>>](#)

society loses touch with reality and descends into delusions."

One classic historical example of mass psychosis is the witch hunts that occurred in the Americas and Europe during the 16th and 17th centuries, when tens of thousands of people, mostly women, were tortured, drowned and burned alive at the stake. The rise of totalitarianism in the 20th century is a more recent example of mass psychosis."

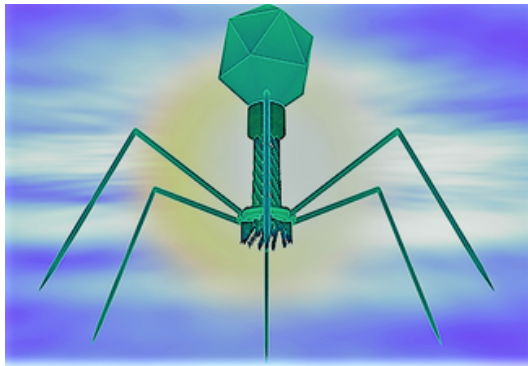
[Click here!>>](#)

Shilajit: Ancient Medicine for a Modern Toxic World

James Odell, OMD, ND, L.Ac.

Shilajit is an ancient traditional medicine that has been ascribed several pharmacological activities. It has been used for thousands of years, in one form or another, under the indigenous systems of medicine such as Ayurveda, Siddha, and Unani as a rejuvenator and adaptogen for prevention and treatment of several diseases.

[Read more>>](#)



Induced Native Phage Therapy for the Treatment of Lyme Disease and Relapsing Fever: A Retrospective Review of First 14 Months in One Clinic

David A. Jernigan, Martin C. Hart, Keeley K. Dodd, Samuel Jameson, Todd Farney

The overall failure rate of standard therapeutic options for late/chronic/persistent borreliosis emphasizes the need for novel therapeutic strategies. In this report, we are presenting a novel therapeutic option based on a new technology, Induced Native Phage Therapy (INPT), and its ability to facilitate the elimination of infection more rapidly, efficiently, and with less harm to the patient than conventional treatments.

[Read more>>](#)

The Synergy Diagnosis - Diet - Detox

Marlene Siegal, DVM

Integrative doctors know that there is no disease in the world, there is dis-ease. Dis-ease is a symptom of the body becoming out of balance. We are trained to expect dis-ease in our fur babies, responding with a symptomatic band-aid so the problem goes away (or so we think). And when the relapse occurs or the next symptom appears, we are "surprised" and offer excuses. This does not have to be the case...

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Dr. Melina Roberts is a Naturopathic Doctor, Author of Building a Healthy Child, Founder and Clinic Director of Advanced Naturopathic Medical Centre in Calgary. In this video, Dr. Roberts explains that the human body is a living ecosystem in which a balanced terrain supports the foundation of the body to self-regulate and self-heal.

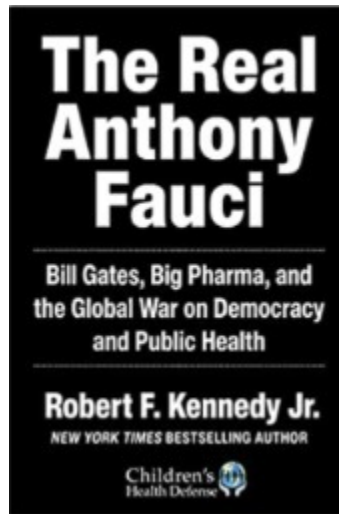


This documentary produced by chemtrail researcher Clifford Carnicom is essential in understanding that aircraft, have been, and are currently repeatedly dispersing materials into the upper atmosphere at flight altitude, roughly from 35,000 to 40,000 feet. These materials expand creating a haze that blocks the natural rays while dispersing harmful substances in the air we breathe and on our soil and food we consume.

A promotional graphic for a podcast. On the left is a portrait of Sebastian DeRosia. To the right, the text reads: "The Science of Self-Healing Hosted by Dr. Sharon Stills With Special Guest Sebastian DeRosia". Below this is a podcast player interface showing the title "THE SCIENCE OF SELF HEALING WITH DR. SHARON STILL'S Podcast #62 - All Things Psychedelic: A Gateway to Neur..." and a play button. The player shows a duration of 00:00:00 and includes standard playback controls like volume, full screen, and share.

Check out the other amazing podcasts!

[Click here!](#)



**Recommended Book: *The Real Anthony Fauci*
Robert F. Kennedy, Jr.**

"Kennedy describes how Fauci turned the National Institutes of Health into an incubator for pharmaceutical products, and essentially sold the entire country to the drug industry. The book is an incredibly well-referenced record of his history of decimating human health and exposes Fauci as a self-serving charlatan. Fauci, in turn, has had a hand in creating the vaccine gold rush. In 2000, he met with Bill Gates, who asked to partner with the NIH in an agreement to vaccinate the entire population of the world with a battery of new vaccines. In 2009, this agreement was rebranded as "The Decade of Vaccines," the objective of which was to implement mandatory vaccinations for every adult and child on the planet by the year 2020."

[Read more>>](#)



Cooking with Curatola

A few weeks ago we added a section under the home page, ***Cooking with Curatola***, to showcase some fantastic recipes with our BRMI advisor and cook extraordinaire, Dr. Gerry Curatola. The recipes highlighted were made for the holidays, yet we wanted to have everyone have a chance at making them before they are archived. Please give them a try and keep your eye out for more nourishing and entertaining videos to come!

[Read more>>](#)

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Feel free to email us! And we are now on Gab!



January, 2022 Issue 30 BRMI E - Journal BRMI The Year of the Water Tiger, Induced Native Phage Therapy, Shilajit and More...

BRMI is a non-profit Greenhouse Initiative of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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