



Supporting the Science of Self-Healing

September 1, 2022

Issue 34 BRMI E-Journal

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- ***L.Ac. Adrenal Fatigue in Pets- Are We Missing It?*** by Marlene Siegel, DVM
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Dear Friend,

Welcome to our 34th BRMI E-Journal.

I open this E-Journal with a broken heart. As President John Kennedy said, "**children are the world's most valuable resource and its best hope for the future.**" It is beyond horrendous and terrifying that our children

are continually and increasingly being poisoned from so many sources. The fact is that more than 54% of American children are suffering from one or more chronic illness, and this health epidemic has

skyrocketed since the late 1980s. Autism, ADHD, asthma, and allergies have doubled since that time, with autism now one in 34 children in some regions. Pediatric autoimmune conditions are also on the rise, and the proportion of public-school children using special education services is estimated at 13% to 25% of school populations. Irrefutable evidence reveals environmental toxins such as heavy metals, pesticides, and herbicides, in tandem with processed junk food and fluoride toxic water, as co-causes. No doubt, the decaying social environment children live in has added to their mental and emotional trauma as well: social isolation, fear propagated by the media, masking, outrageous school policy changes, and more.

The U.S. EPA lists many 'approved pesticides' as probable or possible carcinogens, including glyphosate. Multiple studies indicate increased risks of childhood leukemia and brain cancer with exposure to residential pesticides, including increased risk of childhood leukemia associated with higher levels of the residential herbicide chlorothalonil and possibly alachlor, used as an agricultural herbicide.

Childhood cancers are also exponentially on the rise. The types of cancers that occur most often in children are different from those seen in adults. The most common cancers of children are leukemia, brain, and spinal cord tumors, neuroblastoma, Wilms tumor, lymphoma (including both Hodgkin and non-Hodgkin), rhabdomyosarcoma, retinoblastoma, and bone cancer (including osteosarcoma and Ewing sarcoma). Researchers estimate that only 10% of all childhood cancers come from hereditary factors, meaning the majority of childhood cancers come from environmental factors. This translates to 90% of all childhood cancer being preventable.

As the medical, public health, and government circles remain silent on the social and economic fallout from these toxic exposures, American children have never been so sick.

Additionally, studies link vaccines and toxic vaccine ingredients to a wide range of adverse health outcomes including seizures, neurodevelopmental disorders, and infant death. American children are also the most highly vaccinated in the world. Since 1990, when the CDC began substantially expanding its recommended vaccine schedule, the number of vaccines required for school entry has increased by approximately 260%. Currently, children receive repeated shots for 16 separate illnesses. Counting vaccines administered during pregnancy and yearly flu shots, by the time our children are 18 years old they have received up to 73 doses of vaccines!

Now we have the experimental Covid inoculations being injected into children 6 months and older. The targeting of infants and toddlers for this spike-protein gene therapy is horrifying and unprecedented. This hokey-pokey comes two years after the US government declared a coronavirus public health emergency in January 2020 and then gave Pfizer and six other drug companies \$9 billion dollars to manufacture a coronavirus "vaccine" at warp speed. Most vaccines take at least 10 years to go through the development and testing licensing process before being approved by the US FDA for distribution. Pfizer spent just 248 days testing their experimental COVID gene product using a never-before licensed technology, which injects synthetic mRNA encapsulated in lipid nanoparticles into the body to induce cells to make the SARS-COV-2 spike protein and become - in the words of the World Economic Forum - "vaccine production plants."

FDA officials justify approval of the emergency authorization use (EAU) of Pfizer's gene inoculation using vague language with large unscientific assumptions like it is "reasonable to believe" the vaccine "may be effective" and "reasonable to conclude based on the totality of the scientific evidence available" that the "known and potential benefits...outweigh the known and potential risks of the vaccine."

As grim as this all is, never lose hope, and stay vigilant! In the words of Emily Dickinson:

***"Hope" is the thing with feathers –
That perches in the soul –
And sings the tune without the words –
And never stops - at all!"***

Because BRMI is a non-commercial, non-profit institute, this empowers us to present uncensored, open forum information and referenced commentaries, and in turn, enlighten our viewers to more than one medical viewpoint. We continue to update our [News Section](#) which includes an abundant resource of

recent articles and videos from around the world on current topics related to medical freedom and preventive and therapeutic bioregulatory health. In our news forum, we continue to strive to be a trusted and informed source of factual science-based information for our readers. If there is newsworthy information relevant to the science of self-healing, do not remain silent, please share, and contact me. Speak up and speak out!

On an exciting note, we are hosting another BRMI conference/workshop from October 14th to 16th, 2022 to be held at the beautiful Sonesta Suites, Scottsdale, AZ. The title is ***Clinical Skills for Challenging Times***. This will be three full days with 3 workshops, 13 presenters, and amazing vendors. Our conference presenters (in alphabetical order):

Dr. Gerry Curatola, DDS

Sargent Goodchild Jr.

Ian Kennedy

Kelly Kennedy, LMT

Maira Lo Bianco

Dr. Robert Milisen, NMD

Dr. James Odell, OMD, ND, L.Ac.

Dr. Ralf Oettmeier, MD (via Zoom)

Dr. Christine Schaffner, NMD

Dr. Marlene Siegel, DVM

Dr. Sharon Stills, NMD

Dr. Dickson Thom, ND, DDS

Dr. Nasha Winters, NMD

The conference kicks off with a free reception on Thursday evening, October 13th with hors d'oeuvres, music, and dancing! The hotel includes breakfast and happy hour drinks. BRMI is providing lunch on Friday and Saturday. For a change of pace, there is a long lunch break on Sunday to try out the neighboring restaurants. As we were sold out last year, we were tempted to secure a bigger space, yet we want to keep this conference intimate as it involves hands-on demonstrations and workshops. In the future, we plan for much larger conferences, more space, and more than once per year! We will keep you updated. Travel to Scottsdale is still affordable (make your plans early,) from almost everywhere, and the rooms are spacious and inexpensive! (Check out our [group rate!](#)) The conference because it involves hands-on demonstrations is limited to 50 people. This is filling up fast, so, register today to reserve your place! [Here](#) is a link to the website page. Here is the [link to register](#).

Please stay tuned to the ongoing biweekly BRMI podcasts hosted by Dr. Sharon Stills, NMD. Dr. Stills has now completed more than 87 exciting and informative podcast interviews. These are all [archived](#).

This E-Journal features the following articles, highlights, and recommendations:

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- ***In Vitro Studies Show COVID Inoculations Alter DNA*** by James Odell, OMD, ND, L.Ac.
- ***Adrenal Fatigue in Pets- Are We Missing It?*** by Marlene Siegel, DVM
- ***Quercetin*** by James Odell, OMD, ND, L.Ac.
- ***No, We Should Not Silence Science*** by Jennifer Margulis, Ph.D.
- In the Clinical Corner, we have ***Solitude*** by Ian Kennedy

Video Recommendations:

- ***All about Autophagy and Clearing the Spike Protein***
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Book Reviews:

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The Rainbow and the Worm: The Physics of Organisms by Mae-Wan Ho

Podcast:

Tackling Lyme Disease Using a BioRegulatory Medicine Approach | Dr. Michael Karlfeldt

BRMI is a 501c3 Non-Profit Private Foundation. Donors can deduct contributions they make under IRC Section 170. Please visit our [Donation Page](#) when you feel led to contribute. With your help, BRMI will continue to build an extensive website database, broadcast feature podcasts (***The Science of Self-Healing***), put on conferences and workshops, foster research projects and certify classes, and bring important information to the public, free of charge. This effort is not possible without your generosity. We ask that you introduce BRMI to at least two or more friends and have them sign up for this E-journal and our podcasts.

If you have not signed up to receive our free e-Journal, we invite you to do so. We hope you benefit from our varied resources. Comments and submissions to our e-Journal are always welcome and appreciated. We maintain an active YouTube channel Facebook page, LinkedIn, Instagram, GAB, and post-evidence-based articles and news events daily.

We maintain an active [YouTube channel](#), [Facebook](#) page, [LinkedIn](#), [Instagram](#), and [GAB](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on social media, weekly podcasts, and our YouTube channel. Feel free to interact with us via social media, or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in Bioregulatory Medicine.

James Odell, ND, OMD, L.Ac.
BRMI Executive/Medical Director
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As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI E-Journal.



October 14-16, 2022

Scottsdale, AZ

Sonesta Suites Gainey Ranch

[Click for more information](#)

Check out what our attendees had to say about our last conference!



2021 Conference
Scottsdale, Arizona



Perspective of the Increase of All-Cause Mortality and Sudden Adult Death Syndrome

James Odell, OMD, ND, L.Ac.

"All-cause mortality"(ACM) is a term used by epidemiologists, or disease-tracking scientists, to refer to death from any cause. You usually hear it used in research articles, or when news organizations report on the latest study that promotes healthy lifestyle habits. We now hear ACM has exponentially increased over the last 2 years and escalated more since the Covid inoculation rollout in early 2021.

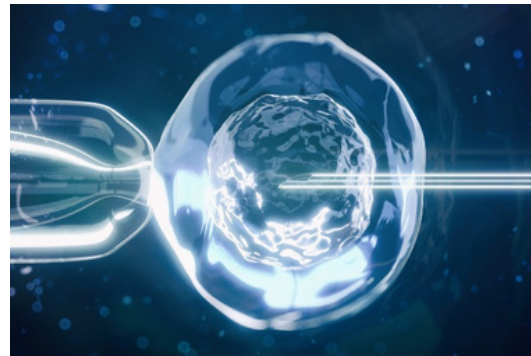
[Read more>>](#)

In Vitro Studies Show COVID Inoculations Alter DNA

James Odell, OMD, ND, L.Ac.

A Swedish study published in January this year found that the messenger ribonucleic acid (mRNA) in Pfizer's shot was able to alter DNA in liver cells.¹ This alteration, known as reverse transcription, is when mRNA writes to DNA and is the opposite of the normal transcription process.

[Read more>>](#)



No, We Should Not Silence Science

Jennifer Margulis, Ph.D.

Differences of opinion are not dangerous. Conflicting information is not the problem. Shutting down conversations about science, censoring scientific debate, or ignoring data that do not fit into a preconceived idea—as the molecular geneticist and former vaccine developer Dr. Joe Wang has written about previously for *The Epoch Times*—are what lead to deadly consequences.

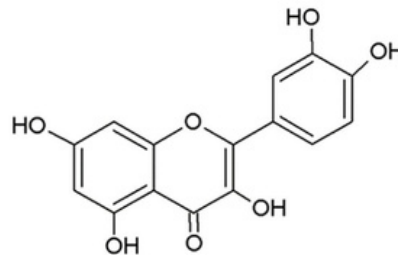
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Quercetin

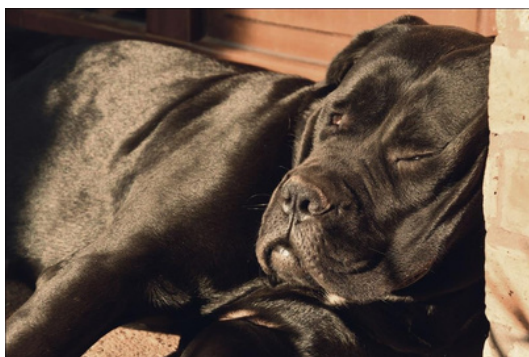
James Odell, OMD, ND, L.Ac.

Quercetin flavanol is characterized by 4 unique properties: antioxidant, anti-inflammatory, anti-allergy, and neuroprotection. The combination of these 4 properties makes quercetin an excellent candidate for dealing with situations in which oxidative stress, inflammation, and the neuroimmune system are involved.



[Read more>>](#)

CLINICIANS' CORNER



Adrenal Fatigue In Pets- Are We Missing It?

Marlene Siegel, DVM

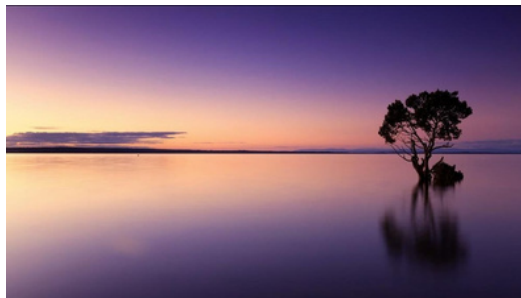
Despite the advancements in modern veterinary medicine, we have the sickest pet population in history. If we include cancer, autoimmune disease, arthritis, obesity, allergies and gastrointestinal disorders, nearly 100% of our fur family are affected with some form of chronic degenerative disease that is related to adrenal gland dysfunction.

[Read more>>](#)

Solitude

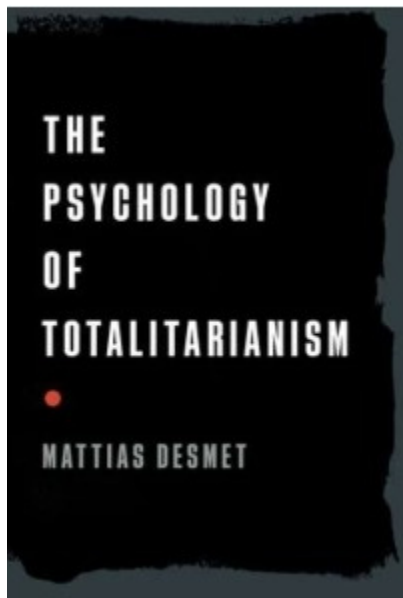
Ian Kennedy

Over seven billion people swarm among the planet today. Being alone and finding solitude is not always easy or even sought after. Some people crave it, others abhor it. However, solitude is a good remedy for the constant exposure we have to people both virtually and in reality.

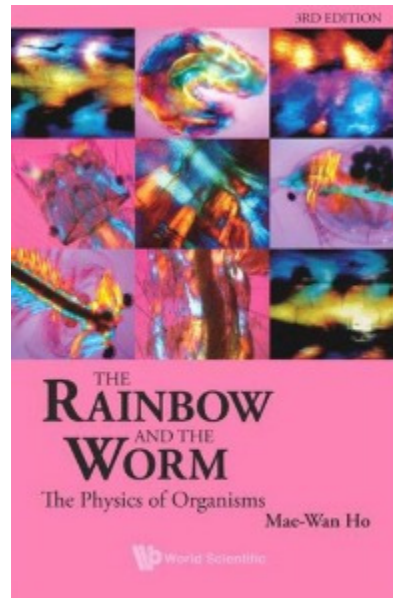


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BOOK REVIEWS



The Psychology of Totalitarianism is a new book by Mattias Desmet, a professor of clinical psychology at Ghent University in Belgium, outlining his theory of “mass formation”, especially with respect to the response to the COVID-19 pandemic. In *The Psychology of Totalitarianism*, Desmet deconstructs the societal conditions that allow this collective psychosis to take hold. By looking at our current situation and identifying the phenomenon of “mass formation”—a type of collective hypnosis—he clearly illustrates how close we are to surrendering to totalitarian regimes.



Finally, a book that merges biology and quantum physics that is clearly written and filled with fascinating descriptive examples. In 312 pages and 20 chapters, Mae-Wan Ho takes a careful inquiry into the fundamental question, “What is life?” She brings a new perspective to this question by explaining the physics of organisms from non-equilibrium thermodynamics and quantum optics to liquid crystals and fractals. She presents a refreshing holistic view of biological science that was never understood from Newtonian physics.

VIDEO RECOMMENDATIONS



All about Autophagy and Clearing the Spike Protein FLCCC Introduction and Video

“There is only one way to get rid of spike protein, and that's by stimulating autophagy. That is the only way.”
Basically, autophagy is the body's garbage truck. It's a fascinating idea... the concept is that the host heals itself.



Alarming High Rates of Teen Myocarditis with Dr. Peter McCullough

Dr. McCullough reviews the Thailand study which focuses on cardiovascular effects, particularly myocarditis and pericarditis events, after mRNA COVID-19 vaccine injection in adolescents. Analysis of this study suggests 1 in 43 vaccinated children could be developing heart issues.

FEATURED PODCAST

The Science of Self-Healing Podcast Hosted by Dr. Sharon Stills with Dr. Michael Karlfeldt



[Click here!](#)

Dr. Sharon Stills interviews Dr. Michael Karlfeldt about a particularly insidious manifestation of dis-ease: Lyme Disease. Dr. Karlfeldt has been in clinical practice since 1987 and runs a busy multidiscipline integrative medicine center, The Karlfeldt Center, in Boise, Idaho. In this episode, he and Dr. Stills explore the stigma that comes along with having Lyme Disease, the difficulty of treating such a condition, and most importantly, various treatments and modalities that can actually help move the dial and achieve lasting health even in the most hopeless of cases.

Check out the other amazing podcasts!

[Click here!](#)

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BRMI is a 501c3 Non-Profit Private Foundation, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.