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Issue 46 BRMI E-Journal

Featured Articles:

- *Why You Need to Detox Your Pineal Gland - Here's How* | James Odell, OMD, ND, LAc
- *Adjunctive Testing Using Biospectral Emission Sequencing: Bioregulatory Intelligence Technology in Parallel With the Goals of Artificial Intelligence in Medicine* | Dr. David A. Jernigan, DNM, DC
- *Therapeutic Peptides Featuring Thymosin alpha 1 and Thymosin beta 4* | James Odell, OMD, ND, LAc
- *Update on Antibody-Dependent Enhancement (ADE) in SARS-CoV-2 Infection and Vaccination* | James Lyons-Weiler

Clinical Corner:

- *Frankly, It's Shocking* | Jennifer Margulis
- *The Awesome Superpowers of Coffee!* | The Bioregulatory Medicine Institute
- *The Psychological Dynamics of Pet Parenting: Reactive vs Proactive Parenting* | Marlene Siegel, DVM
- *Ghost Pipe - A Native American Natural Pain Reliever* | The Bioregulatory Medicine Institute

#### Book Recommendations:

- *Transhuman Genocide: THE ENEMY AT THE GATE* | Ron Johnson Kenneth
- *Book Review: Brain Inflamed: Uncovering the Hidden Causes of Anxiety,*
- *Depression, and Other Mood Disorders in Adolescents and Teens* | Bock, MD

#### Video Recommendations:

- Vaccines: Do they Make You Healthier?
- 5G: Prince of the Air

#### Featured Podcast:

- All the Ways Sunlight Supports Our Health

## Supporting the Science of Self-Healing

Dear Friend,

Welcome to Our 46th BRMI E-Journal!

This information-packed edition is not meant to shock you—yet it will—it is with the intention to prepare you. Recent events are foreshadowing a possible food shortage in the near future.

Over the last few years, numerous chicken and turkey farms, as well as food processing factories have mysteriously been destroyed in fires. Here are 100 examples of incidents that have led to the deaths of millions of farm animals.

1. 4/30/21 Monmouth Smithfield Foods Pork Processing Plant
2. 7/25/21 Memphis Kellogg Plant
3. 8/13/21 JBS Beef Plant

[Click here to see more...](#)

### **What's the Justification for This Mass Extermination?**

In addition to these catastrophic events reducing the food supply, the H5N1 avian influenza “bird flu” has now been identified as a threat to farm animals. It is reported that “more than 100 million farmed birds have been infected with H5N1 since 2022, followed by roughly 170 herds of dairy cows, along with virus detections in more than 200 other mammals — humans included.” The current narrative is “wild birds can transmit the virus, but domestic farms can amplify it.” So, the mass extermination of millions of chickens, turkeys, and dairy cows is silently occurring throughout the U.S.

There are now 15 reported outbreaks in commercial poultry operations and backyard flocks across Iowa and the High Plains. These avian flu cases have led to the euthanasia of nearly three million chickens, ducks, turkeys, pheasants, peafowl, quail, and chukars since October 2023. News that as of June 2024, “tens of thousands of hens will be culled after a fifth Victorian poultry farm was plunged into lockdown due to an avian influenza

detection. Tests confirmed the highly pathogenic H7N3 strain of bird flu had been detected on the Lethbridge Farm owned by Farm Pride. It is the company's second farm to test positive for bird flu and houses about 40,000 birds, accounting for roughly four percent of total production capacity.”

In short, in the past two years, more than 90 million poultry birds from 48 U.S. states have allegedly died from the virus or were euthanized in an attempt to slow the spread of the disease.

Not just in the U.S. but worldwide, farm animals are being euthanized in the name of bird flu. In Australia, there is such an egg shortage that even McDonald's has cut back on their egg breakfast entrees. Our food supply is being depleted at an unprecedented rate and this is likely to continue not only in the U.S. but worldwide. The powers behind this food reduction agenda know that “if you can control the food supply you can control the population.”

### **Deplorable Shocking Extermination Techniques: THIS Will Shock You!**

One extermination technique is “ventilation shutdown plus” (VSD+). This is a method being used to mass kill poultry birds on factory farms by sealing off the airflow inside barns and pumping in extreme heat using industrial-scale heaters so that the animals die of heatstroke within hours. This is the worst form of cruelty being inflicted on animals in the U.S. food system. It is the equivalent of roasting animals to death, and it’s been used to kill tens of millions of poultry birds allegedly “to prevent bird flu outbreak.”



*Government workers burn the remains of chickens, amid efforts to contain an outbreak of bird flu, in the village of Modeste, Ivory Coast, in August 2015. (Luc Gnago/Reuters)*

### **Ramping Up...They're Coming for Your Pets!**

The CDC is telling the public not to drink raw milk and has restricted Amish farmers from selling it.

Additionally, the CDC is ramping up for bird flu with “vaccines.” There are now three H5N1 inoculations that have been approved by the FDA - Sanofi, GSK subsidiary ID Biomedical

Corporation of Quebec (IDB), and CSL Seqirus, all of which also make seasonal flu vaccines. The national stockpile now contains hundreds of thousands of doses of H5N1 vaccine, mostly from Seqirus, which could be deployed in a matter of weeks. The U.S. government is giving drugmaker Moderna \$176 million to develop an mRNA vaccine against the bird flu.

If trends continue, it is predicted by some that the next euthanizing agenda will include household pets. Veterinarians will be mandated to test pets for H5N1 and the new H7N9 bird flu and if positive, either quarantine or euthanize the animal. I know that seems far-fetched, but so were lockdowns and mandatory experimental inoculations.

My advice is to be prepared for food shortages to come. Secondly, get to know a holistic veterinarian who will not comply with the bird flu vaccine mandates and other regulations potentially to come.

### **We Offer an Abundance of Resources on Our Website**

Our [News Section](#) includes an abundant resource of recent articles and videos from around the world on topics related to immunology, epidemiology, legal and medical freedom, and preventive bioregulatory health. As our viewing audience is exponentially growing, we greatly appreciate all the positive responses, such as liking and sharing with us on social media platforms. Our website daily develops and evolves as an extensive database and open forum of uncensored, evidence-based information. If there is newsworthy information relevant to "the science of self-healing" that you would like to share, please [contact me](#).

### **Have You Listened to the Science of Self-Healing Podcast?**

We hope you have been tuning into my biweekly FREE podcast, "The Science of Self-Healing." If you are looking for ways to improve your health, our episodes offer science-based practical advice in about 20 minutes. All our earlier episodes are archived on our website [here](#). Try us if you haven't already!

### **Look for Us on Social Media!**

We maintain an active Facebook page, LinkedIn, and Instagram and post evidence-based articles and news events often. Feel free to interact with us via social media - or contact me directly at [jmodell@brmi.online](mailto:jmodell@brmi.online).

We thank you for your interest in Bioregulatory Medicine.

Be well,

James Odell, ND, OMD, LAc  
BRMI Executive/Medical Director  
[jmodell@brmi.online](mailto:jmodell@brmi.online)

*As with any healthcare newsletter, the information in the BRMI E-Journal is intended for educational purposes only and is not a substitute for the advice or direct care of a qualified health practitioner who oversees and provides unique and individualized diagnostics and care. The information provided here is to broaden our different perspectives and should not be construed as medical advice, diagnosis, or treatment. It is important not to delay in seeking medical advice because of something you have read in this BRMI E-Journal.*

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Thank you to all the practitioners and vendors we met in Las Vegas at the ANMA Conference who signed up for our E-Journal.  
Welcome to our BRMI tribe!

- Dr. James Odell and the BRMI Team!



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## FEATURED ARTICLES

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## Why You Need to Detox Your Pineal Gland - Here's How

James Odell, OMD, ND, LAc

While fluoride has been praised for protecting our teeth for approximately the last 75 years, much research suggests that consuming even small amounts of it can be toxic to the human body. The biggest problem is that it can accumulate in your pineal gland - a tiny but crucial part of your brain often called the "third eye."

[Read more>>](#)

## Adjunctive Testing Using Biospectral Emission Sequencing: Bioregulatory Intelligence Technology in Parallel With the Goals of Artificial Intelligence in Medicine

David A. Jernigan, DNM, DC

In research reported by our BRMI board member David A. Jernigan, Biospectral Emission Sequencing provides a functional system of dynamic real-time adjunctive testing and treatment selection. This paper discusses the parallel technologies of present and future AI and BI technologies in medicine.

[Read more>>](#)

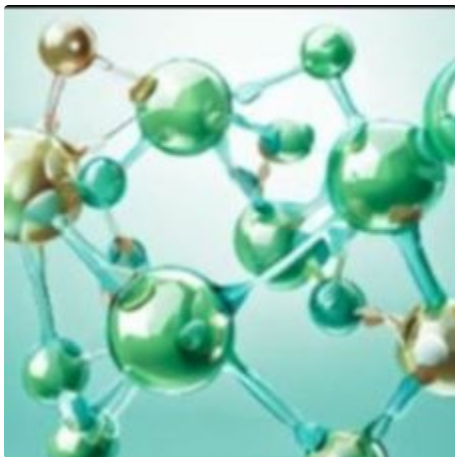


## The Benefits of Therapeutic Peptides: Exploring Thymosin alpha 1 and Thymosin beta 4

James Odell, OMD, ND, LAc

Thymosin alpha 1 and Thymosin beta 4 are small peptides naturally produced in the body. They play critical roles in regulating immune function and promoting tissue repair and regeneration.

[Read more>>](#)



## Enhancement (ADE) in SARS-CoV-2 Infection and Vaccination

James Lyons-Weiler, PhD

Antibody-Dependent Enhancement (ADE) is a complex immunological phenomenon where virus-specific antibodies, rather than neutralizing the virus, enhance its entry into host cells and amplify its replication.

[Read more>>](#)



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## CLINICIANS' CORNER

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### “Frankly, It’s Shocking”

by Jennifer Margulis

In 2021, both medical doctors and research scientists, including Idaho-based pathologist Dr. Ryan Cole, M.D.; London-based professor of oncology Dr. Angus Dalglish; and Sweden-based pathologist Dr. Ute Krüger, M.D., began observing large upticks in certain types of aggressive cancers.

[Read more>>](#)



### The Awesome Superpowers of Coffee!

The Bioregulatory Medicine Institute

Did you know that many of us are uncertain about whether coffee is good or bad for our health due to the numerous conflicting studies we've encountered over the years? But guess what? Your daily cup of joe is doing way more than just helping you face the day.

[Read more>>](#)

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## Understanding the Psychological Dynamics of Pet Parenting: Reactive vs Proactive Parenting

Marlene Siegel, DVM

What I have gathered from 40 years of practicing veterinary medicine and doing my best to restore health, is people want their pets to live longer, live free of pain and suffering and maintain their vibrancy and joy.

[Read more>>](#)



## Ghost Pipe - A Native American Natural Pain Reliever

The Bioregulatory Medicine Institute

Translucent and ethereal, resembling a spine and brain stem, Ghost Pipe (*Monotropa uniflora*) emerges from the forest floor. Having no chlorophyll needed for photosynthesis, it does not utilize the filtered light that shines gently on this delicate plant.

[Read more>>](#)

## BOOK REVIEWS





**Book Review: Transhuman Genocide: THE ENEMY AT THE GATE**

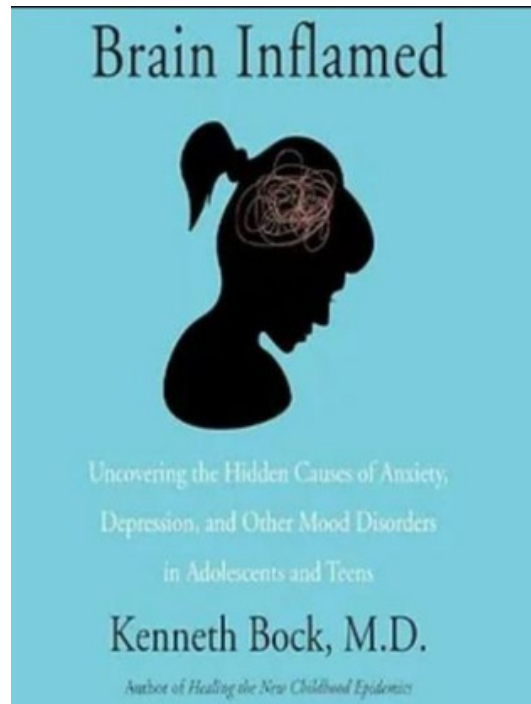
Author Ron Johnson | Review by The Bioregulatory Medicine Institute

Transhuman Genocide: THE ENEMY AT THE GATE by Ron Johnson is a provocative book that warns of a war on humanity aimed at eliminating anyone who resists a system of control enforced through military-grade weaponry. Moreover, it is an extensive guide book for self-protection from these weapons.

Spanning 578 pages, this book is available on Amazon in both paperback and ebook formats. It's an accessible read, featuring large print and numerous images, making it possible to finish in just a couple of days.

[Read more>>](#)

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**Book Review: Brain Inflamed: Uncovering the Hidden Causes of Anxiety, Depression, and Other Mood Disorders in Adolescents and Teens**

Author Kenneth Bock, MD | The Bioregulatory Medicine Institute

From renowned integrative physician Kenneth Bock, MD, comes a groundbreaking approach to understanding adolescent and teen mental health disorders.

Over the past decade, the number of 12- to 17-year-olds suffering from mental health disorders has more than doubled. While adolescents and teens are notorious for mood swings and rebellion, parents today are navigating new terrain as their children are increasingly at risk of struggling with mental health issues.

[Read more>>](#)

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## VIDEO RECOMMENDATIONS

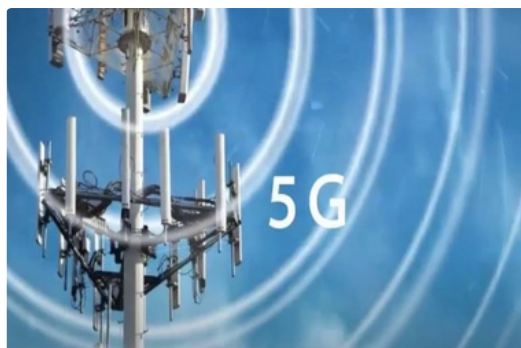


### Vaccines: Do They Make Us Healthier?

Of course they do... or do they?

With lots of questions arising, especially since COVID, this short video takes a novel look at vaccines. With scientists working alongside pediatricians, this mini-documentary compares unvaccinated children with vaccinated children. As simple and commonsensical as that sounds, it has never been done before. And the results are surprising!

[Watch here >>](#)



### 5G: Prince of the Air

"5G: Prince of the Air" by Nicholson1968 explores the potential dangers and spiritual implications of 5G technology. It draws connections between 5G's electromagnetic frequencies and biblical references to "the prince of the power of the air," suggesting that this technology could have negative effects on human health and spiritual well-being. The video also touches on the broader concerns about surveillance and control associated with the widespread implementation of 5G networks.

[Watch here>>](#)

## FEATURED PODCAST



In this episode, Dr. James Odell highlights the vital role that natural light plays in our health

and well-being. He explores the key components of sunlight - visible light, ultraviolet, and infrared radiation and unpack the numerous benefits they provide, from regulating our circadian rhythms and vitamin D production to improving cardiovascular health and boosting mood.

Dr. Odell also contrasts the advantages of natural light with the drawbacks of artificial light, particularly the blue-light-heavy LEDs and fluorescent bulbs that have become ubiquitous in modern indoor environments. He discusses how this artificial light can disrupt our sleep-wake cycles, cause eye strain, and deprive us of the full-spectrum.

This episode is a must-listen for anyone interested in the science-backed benefits of natural light, and the bioregulatory medicine perspective, which emphasizes the body's innate wisdom and our deep connection with the natural world - including the sun itself.

[Watch here>>](#)

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## BRMI'S PRINCIPLES

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### BRMI's Principles

BRMI is a non-commercial, non-profit institute with no political or corporate affiliation. The perspective we uphold acknowledges healthcare freedom and free speech. Over the last three years, censorship in the media, social media, and many online medical platforms has created a veil of darkness over healthcare information. We have consistently condemned the censorship and punishment of individuals who question the established narrative on COVID-19, its treatments, lockdowns, masks, and inoculations. Science is about open inquiry. Despite experiencing social media censorship, BRMI is committed to maintaining an open forum for information with referenced commentaries.

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## YOUR SUPPORT OF BRMI

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### Your Support of BRMI

We sincerely thank all our viewers for their continued support, comments, and article submissions, and for liking us on our social media, bi-weekly podcasts, and YouTube channel. BRMI is a 501c3 non-profit private foundation. We provide FREE non-commercial information to the public and are entirely funded through the kind and tax-deductible donations of our readers. We accept no advertisements. If you feel so inclined, please donate so that we can continue our FREE public programs. Donors can tax-deduct contributions they make to BRMI under IRC Section 170. We also ask that, if possible, you introduce BRMI to at least two or more friends and have them sign up for this free E-Journal and our podcasts.

We maintain a YouTube channel, [Facebook](#) page, [LinkedIn](#), and [Instagram](#) and post evidence-based articles and news events daily. To make it easier, we have also added a [Linktree](#). Feel free to interact with us via social media - or contact me directly at [jpmmodell@brmi.online](mailto:jpmmodell@brmi.online).

## FIND US ON SOCIAL MEDIA!



Feel free to email us! And we now have a [Linktree](#)!



BRMI is a non-profit founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a holistic and evidence-based medical system.

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