

Welcome to the 53 BRMI E-Journal!

Turning the Tide: The Vaccine Narrative and Its True Impact on Human Health

Since its inception, the Bioregulatory Medicine Institute (BRMI) has stood for truth, transparency, and the protection of human health. From the beginning, we have questioned the vaccine narrative — not out of opposition, but out of commitment to sound science, open inquiry, and the right to informed consent.

For years, this position has been marginalized, censored, and even ridiculed. Yet with patience and perseverance, the truth is now coming to light.

Watershed Events: Reclaiming Scientific Integrity

A series of watershed events are exposing what many have long suspected: vaccines have been over-touted, under-studied, and too often shielded from the scrutiny that true science demands. Del Bigtree's brave and unwavering pursuit of truth, exemplified in the newly released free documentary *An Inconvenient Study*, has pulled back the curtain on decades of hidden data and institutional bias. Alongside this, Dr. Peter McCullough's groundbreaking new report, together with the resurfacing of multiple retrospective studies, confirm what bioregulatory medicine has recognized all along — that the unvaccinated, by virtually every measure, are the healthier population.

These revelations mark a pivotal turning point. The false sense of security surrounding vaccination is being replaced by a deeper understanding of how true immunity and resilience are cultivated — through nourishment, balance, and respect for the body's innate intelligence. What once required immense courage to say aloud is now being echoed around the world: we must reclaim science from industry influence and return it to its rightful place — in service to human health.

At BRMI, we are both humbled and gratified to see this long-awaited truth rising to the surface. It is a moment of vindication for all who have stood firm in compassion, integrity, and evidence-based inquiry.

We invite you to share this issue — along with Del Bigtree's powerful free documentary, *An Inconvenient Study*, (in the video recommendation section of our E-Journal) and these vital revelations — with friends, family, and colleagues. Together, we can awaken awareness, foster honest dialogue, and help shape a future grounded in bioregulatory wisdom rather than corporate influence.

Important News: Welcoming Three Remarkable Advisors to BRMI

We're thrilled to announce the addition of three remarkable new advisors to BRMI: [Dr. Michelle Perro](#), renowned integrative pediatrician and author; [Dr. Jessica Bell](#), osteopathic doctor and specialist in energy medicine; and [Mary Holland, Esq.](#), respected attorney and advocate for health freedom. Their combined experience and dedication to advancing true health and informed choice bring extraordinary depth and vision to our advisory board. We warmly welcome them to our vibrant BRMI community.

Turning the Page on October

As we turn the page on October—recognized worldwide as Breast Cancer Awareness Month—it's important to remember that the need for awareness and action extends year-round.

Facing Uncertainty: A Personal Journey

Few experiences are more frightening than discovering a breast lump. The first thought is often breast cancer. Thankfully, the majority—more than 80%—are benign. Yet, each case, and each healing journey, is intensely personal. Every woman is biochemically and psychoemotionally unique; thus, each path to wellness must reflect that individuality.

Approaches that Offer Hope

The good news is that most cases of breast cancer can be treated successfully using both conventional and complementary/alternative approaches. This means combining the scientific knowledge gained over the last few decades with 3,000-year-old traditional medical wisdom. Every month, every day, new stories of courage unfold—stories that remind us how personal and multidimensional each cancer journey truly is.

Community Stories: Tonika's Experience

One such story comes from a reader, Tonika, who graciously shared her experience with our community. After discovering a lump in late 2023, she was diagnosed with metastatic invasive ductal carcinoma shortly after the New Year. Determined to approach healing holistically, she immersed herself in detoxification, fasting, Gerson Therapy, and bioregulatory approaches—supported by a network of friends, healers, and fellow travelers on the integrative path. Through humor, transparency, and fierce authenticity, she reminds us that healing is as much an inner journey as it is a physical process. Her ongoing reflections—titled “I Cancer Can Can”—offer a vivid testament to the power of self-determination, community, and faith when navigating life's most profound challenges.

Barriers to Non-Pharmaceutical Therapies

Unfortunately, the American Cancer Society and lobbyists from one of the wealthiest industries—pharmaceuticals—have created legal obstacles to obtaining many effective,

non-pharmaceutical therapies. As a result, largely due to the politics of the cancer industry in North America, many of the most cutting-edge cancer clinics that incorporate bioregulatory therapies are located outside the U.S.—though not all.

Looking Deeper: Causes Matter

Understanding an individual's unique causes of breast cancer is key to successful treatment. Tragically, most conventional oncologists do not discuss a patient's cancer causation in detail. Of course, a busy oncology practice leaves little time for in-depth explanation. This is also why most treatment regimens are "cookbook style" rather than individualized. But how can any illness—particularly cancer—be successfully prevented or treated if its causes are not the primary focus? Some lip service is given to lifestyle factors such as smoking and obesity, as well as estrogen and genetics. However, little or nothing is discussed about other contributors, including nutritional deficiencies, carcinogens in food and cosmetics, toxic environmental exposures, oral and dental toxicity, or psychoemotional stress and past traumas.

Multiple Risk Factors Identified

Research has clearly established that breast cancer arises from a combination of psychoemotional, environmental, hormonal, and genetic risk factors. We know that many of these—environmental, hormonal, dental toxicity, and psychoemotional factors—can be identified and modified. Focusing our efforts on removing toxic chemicals and elements from our environment and bodies is key to treating cancer at its source. Equally important is identifying and addressing underlying psychoemotional traumas and stress events for a truly complete recovery.

The Challenge for Holistic Practitioners

Physicians—whether allopathic, naturopathic, or otherwise—who focus on cancer treatment have not chosen an easy path. It takes faith and passion for both doctor and patient to walk through this valley of shadows. Particularly for naturopathic doctors practicing bioregulatory medicine, cancer patients present considerable challenges, both professionally and personally. This is partly due to conventional oncological approaches that advocate one-size-fits-all therapies and treat only the tumor, not the whole person.

Patients Feel Caught in the Middle

Many, if not most, conventional oncologists are unfamiliar with bioregulatory approaches to cancer treatment. As a result, they are often concerned for their patients' safety—and for their own licenses—when unfamiliar treatments are being considered. Consequently, they may discourage or even forbid patients from seeking nutritional supplementation, antioxidants, phytotherapy, or other natural treatments during or after conventional therapy. Some even

threaten patients with abandonment if they pursue complementary approaches. This leaves many cancer patients conflicted and confused about whether to seek bioregulatory care.

Finding the Right Team

This is why it is critical to spend time finding a comprehensive and compassionate healthcare team. Cancer is rarely a 911 situation—there is time to organize a thoughtful plan. It is not necessary to accept the first referral to a surgeon or oncologist simply because there's an open appointment. Obtaining a second opinion is essential; a third is wise, and even a fourth is not excessive.

Creating Your Healing Circle

An ideal team would include an oncologist who listens and collaborates, a doctor skilled in naturopathic, functional, or bioregulatory medicine, a biological dentist, a psychologist or social worker, and an exercise practitioner leading yoga, Pilates, or qigong. Most importantly, you are the central member of your healthcare team. Be empowered and assert yourself.

Knowledge Is Empowerment

When first walking into an oncologist's office after a cancer diagnosis, it's vital to have a solid knowledge base about your condition and to be familiar with all available options. To receive the best care and take charge of healing, the patient must, in a sense, be "smarter" than the oncologist.

A Resource for Deeper Learning

For those seeking to expand their understanding, I've written a comprehensive guide—Breast Cancer: The Rest of the Story—which empowers readers with a broader knowledge base about breast cancer and its many dimensions.

The Journey Continues

Ultimately, achieving complete self-healing requires continued learning about your personal "cancer terrain"—its causes, patterns, and potential treatments.